

# Two Day Intensive Training in PARENTING THE POSITIVE DISCIPLINE WAY



Monday & Tuesday

**March 7 & 8, 2016**

8:30 am - 4:30 pm

Skeena Diversity Centre, Terrace

**Register online:** [www.terracechildren.org](http://www.terracechildren.org)  
*no cost to attend, space is limited  
lunch will be provided*

## Teaching Parenting the Positive Discipline Way

(developed by Lynn Lott and Jane Nelsen) is a research-based parent education program that provides a step-by-step approach to starting and leading experientially based parenting groups. This program stands alone or offers significant enhancement to any program. It provides experiential activities that reach the heart to inspire deeper understanding and change. Positive Discipline focuses on building a child's sense of his or her own capability, power to choose, and sense of self-worth. Parents love the Parents Helping Parents Problem-Solving Steps because this process provides a fun and effective way for them to get specific help with real problems.

## This FREE training is for:

- New parent educators who want to develop tools, skills, and confidence.
- Experienced parent educators who want new ideas, innovative activities, and contagious enthusiasm.
- Family therapists, social workers, psychologists, coaches who want strategies for their clients or a format for parenting classes to build their practice.
- School personnel, nurses, and social workers looking for an excellent parent-education program that enhances learning through experiential activities.



This workshop is brought to you by the South Peace Building Learning Together (BLT) Society, Terrace Early Years Partnership (Make Children First Network), Vancouver Foundation, and School District 59 - partnering to build capacity within Terrace & area by offering this step-by-step approach to starting and leading experiential based parenting groups.

This training, with the resources, will be free for those attending.

[www.positivediscipline.ca](http://www.positivediscipline.ca)

*Quotes from Positive Discipline author, Jane Nelsen:*

*"Where did we ever get the crazy idea that in order to make children do better, first we have to make them feel worse?"*

*"Being tough on tough kids doesn't make*

## CONTACT & REGISTRATION:

**Saša Loggin**

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**Register online**

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